









IN THIS ISSUE:

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The 2016 \$500 Fairview Art Show Grand Prize Winner, Blackland Prairie by Kenneth Beckhusen, Oil on Linen, as selected by 2016 featured juror, artist Laura Moore.

FAIRVIEWS TOWN NEWS

Stacy Road Update

Stacy Road is in the concrete placement phase on the north side of the road. All the straight sections will be poured first, skipping over the major intersections, unless a subdivision has agreed to have the entrance closed completely in order to shorten the amount of down time. Once the straight sections are poured, the intersections will be poured in segments. If you have a driveway that directly empties onto Stacy Road, the contractor will notify you when your drive will not be accessible so that you can make arrangements.

State Highway 5: The northeast corner has been prepared to pour by the 7-11.

Hawkswood Drive: The HOA has agreed to allow a total closure in order to shorten the construction time, so it will be closed and both sides of the entrance will be poured at once.

Meandering Way: The northwest corner has been prepared to pour.

Oakwood Trail: The west side that is used for exiting will be closed off and poured first. The east side will have a yield condition where cars yield to each other during exiting/entering. It is recommended that during peak traffic hours, morning commuters leave and evening commuters enter using this Stacy Road entrance. It is recommended all other drivers going the opposite way utilize the entrance off Hart Road to the north. For example, if you are leaving Oakwood in the evening, use Hart Road.

Old Stacy Road: This will be closed completely and poured at once. At that time, commuters will need to use the FM-1378 connection until it is reopened.

FM-1378: The northwest corner has already been prepared to pour.

Once the intersections are complete on the north side, traffic will be switched over to drive on the two new lanes. The southern side will begin a similar process sometime in May, weather permitting.



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Mayor's Note

Recently, I had the pleasure of attending the Fairview Youth Theatre ribbon cutting and grand opening,

which included a spectacular performance of the show, Mary Poppins. If you have yet to check out a show at the Theatre, I highly suggest you support a blossoming Fairview nonprofit organization that is giving our kids an opportunity to showcase their remarkable and I truly mean remarkable, talents. Fairview Youth Theatre offers productions, classes and camps, if you have a budding young thespian who would like to break a leg!

The theatre is quite impressive beyond the stages themselves; it also features a set building area, offices, rehearsal areas and teaching areas. As a wonderful bonus to the Town, approximately 5,000 people a week will be drawn into the shopping center and those visits should have a very positive impact on our local businesses. Speaking of business and business

impact, check out the article in this edition of the newsletter regarding the new owners and the future changes to what is now known as Fairview Town Center (previously The Village at Fairview). We have a great new partner and are very excited about the planned changes.

On a separate note, I want you to know that the McKinney National Airport is currently working on updating their Airport Master Plan and Airport Layout Plan regarding future development of the airport over the next 20 years. As a part of this process, the McKinney City Council invited the Town to have representation on an Advisory Committee as they work to identify and prioritize future plans. Councilmember Paul Hendricks will be our liaison on the Committee and will represent the interests of the Town of Fairview.

The Committee represents a variety of organizations with interest in the development of the airport including government entities, economic developers as well as those with

both aviation and non-aviation interests. The Committee will review the Airport Master Plan and comment on the accuracy and relevance of included information, but it is a non-voting advisory body.

Councilmember Hendricks has done a fantastic job at recent Council meetings in keeping us apprised of the Committee's efforts. The Airport recently held Public Information Workshops, which saw a good turnout from Fairview residents. Stay tuned to the Town's homepage under Top News or visit mckinney.airportstudy.com for more information regarding future meetings and developments.

As is always the case, if you have questions, please don't hesitate to reach out to me directly. I can be reached at dculbertson@fairviewtexas.org or via my cell phone at 214-264-1576.

I'll see you around Town,

Darion





At the Wednesday, February 8, 2017, special Town Council meeting, the Town Council addressed the following items:

• Held a media training session for Council and staff with Steve Stoler, Director of Media Relations for the City of Plano.

At the Tuesday, March 7, 2017, regular Town Council meeting, the Town Council addressed the following items:

- Jill Hawkins, Chair of the Executive Committee, Allen Fairview Chamber of Commerce presented Mayor Darion Culbertson with the Spirit of Fairview award.
- Received a presentation from Weaver and Tidwell regarding the annual independent audit for the fiscal year ended September 30, 2016, and approved the audit.
- Approved the minutes of the December 15, 2016 special Council meeting.
- Approved the minutes of the January 3, 2017 regular Council meeting.
- Approved the minutes of the January 18, 2017 special Council meeting.
- Approved an ordinance authorizing a budget amendment pertaining to the fiscal year 2016-17 budget and providing an effective date.
- Approved an ordinance canceling the May 6, 2017, general election.
- Approved an ordinance to sunset the Special Events Committee.
- Approved the authorization of the 2017 Municipal Mosquito contract.
- Approved a resolution authorizing the Chief of Police to apply for the NIBRS project grant from the office of the Governor and accept if awarded.
- Approved a request for approval of a preliminary plat for the Kingdom Estates Addition. The 27.9-acre tract of land is located south of Hart Road, between the Oakwood Estates Addition and the Stone Creek Estates Addition and is zoned for the (RE-2) two-acre Ranch Estate District. Applicant: Brandon Bush; Custom Homes on Texas. (PP2017-01).
- Approved a request from the EDC/CDC Board for the use of social media, as described by their Strategic Plan.
- Discussed the Collin County Roadway Action Plan and related matters.
- Discussed possible parking options for the Parkside Trail to incorporate into the Stacy Road project.
- Approved the Fairview Police Department's annual racial profiling report.
- Discussed Boards and Commissions, added a member to the Parks and Recreation Advisory Board.
- Received the Monthly Financial Report for the period ending January 31, 2017.
- Received an update on the Stacy Road construction project.
- Received an update on the Road Maintenance Program.
- Received an update on Town facilities planning.



Hazardous Waste Collection

The Town of Fairview will hold its annual Household Hazardous Waste event Saturday, April 29, 2017. The event will be held at Fairview Fire Station #1, located at 500 State Highway 5 from 9 a.m. to 2 p.m. Residents are encouraged to bring their old chemicals, fuels, oils, paints for disposal to the event. Unfortunately, the Town is unable to continue to offer electronics recycling at this event, as it is no longer economically viable for our vendor.

To take advantage of Hazardous Waste Collection, you must provide a valid Texas Driver's License with a Fairview address or a copy of your last water bill issued by the Town.

This has been a highly successful event in the past and your continued participation helps to protect the environment and contributes to a cleaner and greener Town of Fairview.



SATURDAY, APRIL 22 - BREAKFAST SERVED FROM 8:00 - 11:00AM FAIRVIEW FIRE STATION #2 - 1200 STACY RD

RIDE THE HERITAGE AT TWIN CREEKS Free Courtesy Shuttle Between Heritage Ranch and the Pancake Breakfast.

All proceeds & donations from this event go to the Friends of Fairview Firefighters Association (a non-profit 501(c)3 corporation) which helps support the health & wellness of our Fairview Fire & Rescue Department members. Thank you for your continued support!



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> McKinney 214.735.6696

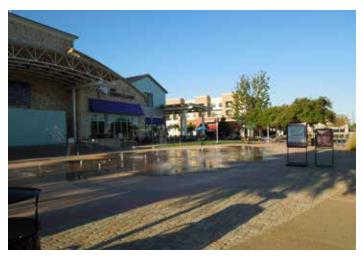
Allen 214.490.4387



Find out more at grandbrook.com 214.531.8796



Lincoln Property Company Purchases and Plans Revamp of Fairview Shopping Center



In December 2016, Lincoln Property Company acquired the Village at Fairview side of the Village Shopping Center from the original financer of the mall, Prudential Insurance. The Village at Allen remains owned by Prudential. Lincoln recently announced exclusively to the *Dallas Morning News*, their plans to spend \$50 million to revamp and rebrand the Fairview side as Fairview Town Center.

Current plans include improvements to the architecture, creating better sightlines as well as new larger signage and light towers to better advertise the tenants that are not facing Stacy Road.

The mall is currently nearly 1 million square feet with 200,000 square feet of space remaining to be leased. Beyond increased leasing efforts, Lincoln plans to deconstruct almost 50,000 square feet of central space in order to create a central gathering outdoor space for children to play in and for the shopping center to host events.

Prudential originally financed the \$300 million mall, which opened during the recession in 2009 and 2010. Due to this economic factor as well as numerous other factors, the center has struggled to get above 65 percent occupancy.

Lincoln Property Co. has a long history in the Dallas area of successfully revamping shopping centers that were once thought to be unsalvageable, having recently redone the Village on the Parkway shopping center located at the southeast corner of Beltline and the Dallas North Tollway in Addison.

Lincoln plans to start construction on Fairview Town Center this summer. In addition to purchasing the mall, Lincoln additionally purchased several tracts of land surrounding the mall from Prudential for possible future growth opportunities.



Denim and Diamonds Gala for the Foundation for Lovejoy Schools

The Foundation for Lovejoy Schools will host their 11th Anniversary Denim and Diamonds Gala and Auction on Saturday, April 1,2017 at a new location, the Marriott at Legacy Town Center in Plano. This year's theme is a Southern Soirée - Celebrating 100 Years of Lovejoy ISD. Tickets will go on sale in February, for more information visit FoundationForLovejoySchools.org. FLS Chair, Andrea Paranteau and Co-Chair, Carrie McClure welcome you to a night featuring dinner, entertainment and live auctions.

The Foundation will host a raffle entitled the "Fab Five," which includes:

- Seven nights in Sydney, Australia, donated by Cleve Adamson Custom Homes
- \$2500 VISA gift card, donated by Owens Realtors
- Texas Limo Wine Tour and Getaway
- · Goyard, St. Louis PM Large Tote in Black
- Large Kamado-Style Grill in Red by Grill Dome, donated by The Firehouse in Allen.

Raffle tickets are just \$100! A drawing will be held for each item, giving each ticket a chance to win one of these prizes! While the winners will be drawn at the Denim and Diamonds Gala, you do not need to be present to win. To purchase raffle tickets or for more information, visit FoundationForLovejoySchools.org.

Tickets are now \$100. For more information, visit FoundationForLovejoySchools.org or contact Cindy Booker at cindy_booker@lovejoyisd.net or at 469-742-8043.

Town Election Cancellation

As all of the Town's candidates for Mayor and Town Council in 2017 were unopposed after both the filing for a place on the ballot and the write-in candidate deadlines, at the Council meeting on March 7, 2017, the Town Council was able to cancel the Town's regular May election for 2017. All the unopposed candidates were declared elected to their new office effective Saturday, May 6, 2017 (general election day in Texas).

Mayor Darion Culbertson was reelected to his third term as Mayor of the Town of Fairview: he will be term-limited from further consecutive reelection in May 2019.

Seat 1 will be filled by a new member of the Town Council, Bill Nicol. Nicol resides in Heritage Ranch; he has been a member of the Town's EDC/CDC Board of Directors since 2014. Current Seat 1. Councilmember Ron Samuels will be retiring from his seat after serving the Town for the past four years.

Seat 3 will be filled by Henry Lessner. Lessner previously served on the Council in Seat 4 for six consecutive years from 2010 to 2016 including four years as Mayor Pro Tem. Current Seat 4, Councilmember Frank O'Reilly is moving from the Town of Fairview after serving on the Council for the past four years.

Finally, sitting Councilmember, Paul Hendricks, was also unopposed for Council Seat 5 and has been reelected to his third term on the Council; he will be term-limited from further consecutive reelection in May 2019.

The Town, the Town Staff as well as the rest of the Town Council would like to thank Councilmembers Samuels and O'Reilly for their years of dedicated service to the Town of Fairview. For more information about the election results, please visit the Town Elections page on fairviewtexas.org.

Early Voting Locations and Hours

As Lovejoy ISD has a contested election, residents will still be able to vote in that race and any other local races at the Lovejoy ISD Administration Building, located at 259 Country Club Road during both Early Voting and Election Day. Early voting in Collin County goes from Monday, April 24 to Tuesday, May 2 at the times listed below. Election Day is Saturday, May 6, 2017 from 7 a.m. to 7 p.m. As the Town is not having an election, Fairview Town Hall will not be an Election Day polling place this year.

As Collin County uses Vote Centers, residents who are registered voters with an effective date on or before May 6, 2017 may vote at any of the additional Early Voting locations or Election Day vote centers that are open in Collin County under full contract services with the Collin County Elections Administration. Visit CollinCountyTX.gov/ Elections for more information regarding polling locations.

Early Voting Location			Address				City		
Collin County Election Office		2010 F	Redbud Blvd., #	[‡] 102	Mc	McKinney			
(Main Early Voting Location)						•			
Lovejoy ISD	Lovejoy ISD Administration Bldg.		259 C	ountry Club Ro	ad	Fair	view		
Sunday	Monday	Tuesd	ay	Wednesday	Thursday F		Friday	Saturday	
April 23	April 24	April .	25	April 26	April 27		April 28	April 29	
	8am – 5pm	8am -	- 5pm	8am – 5pm	8am - 7p	m	8am - 5pm	8am - 5pm	
April 30	May 1	May 2	•	May 3	May 4		May 5	May 6	
	7am – 7pm	7am -	- 7pm					7am – 7pm	
								Election Day	

HOA Contact Updates

Although the Town utilizes its own communication tools such as the Town website, Nixle alerts, email eBlasts and the monthly Town Hall News magazine, HOAs often play a significant role in disseminating Town-related information and the Town provides updates to registered HOAs often. Don't forget to update your Homeowners Association (HOA) contact information with the Town Secretary, Liz Cappon. Simply email a list of board members and their contact information (address, phone and email address) to ECappon@FairviewTexas.org.





Complimentary Exam for New Clients (First Pet). Free dose of Nexgard or Frontline Gold Flea and Tick Preventative with exam.

571 S. Angel Parkway Lucas. TX 75002

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Angel Parkway Pet Hospital | SPRING BREAK SPECIAL

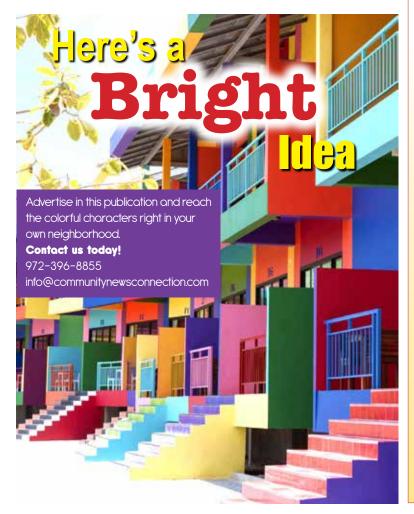
25% OFF Grooming for New Clients 10% OFF Boarding for 2+ Nights

Ratiview Hawks Soccer Attends the North Texas Tournament of Champlons

The Fairview Hawks won the McKinney Soccer Association U13 League in fall 2016; this league includes teams from Allen, McKinney and Frisco. The Fairview Hawks are a unique team, all of the players are from Lovejoy ISD and many of them have been playing and improving together since Pre-K.

By winning the U13 League, the Hawks qualified for the North Texas Tournament of Champions, which was held in December 2016. The tournament was by invitation only and included teams from throughout North Texas. The Fairview Hawks won their first game; unfortunately, the remainder of the tournament was canceled due to poor weather conditions and not rescheduled.

Congratulations to the Fairview Hawks: Ahmed Bouafif, John Brookhart, L.J. Burkhardt, Hayden Day, Adam Greenwald, Will Greenwald, Bryce Hanna, Gabriel Joyner, Cameron Morelli, Wesley Myatt, Demitri Nolan, Connor Nowak, Christopher Pages, Logan Pedersen, Jackson Starnes, Andrew Stiles and Maddox Willard as well as their Coaches Marcus Stiles, Louis Morelli and Tom Greenwald.



FFR Pledges to Fill the Boot for Muscular Dystrophy



Fairview Fire Rescue Local # 5039 through the Fairview Professional Firefighters Association and International Association of Firefighters (IAFF) will have the honor of participating in the "Fill The Boot" campaign to raise money for the Muscular Dystrophy Association (MDA) on Fridays April 14, 21 and 28.

IAFF has played a part in helping raise money for MDA for 60 years and over the past six years, Local # 5039 has raised more than \$19,000 to help kids and adults in our community with muscular dystrophy, ALS and related diseases. MDA is a nonprofit organization that researches treatments to help kids with muscle-debilitating diseases live longer and grow stronger. Learn how you can fund cures, find care and champion the cause at mda.org.

For more than six decades, thousands of dedicated fire fighters in hometowns across America hit the streets or storefronts asking pedestrians, motorists, customers and other passersby to donate to the MDA, using their collective strength to help find treatments and cures for life-threatening neuromuscular diseases. Funds raised help MDA's efforts to fund groundbreaking research and life-enhancing programs such as state-of-the-art support groups and Care Centers, including the MDA Care Centers in Dallas at Children's Health Specialty Center, UT Southwestern Medical Center, Texas Neurology and Cook Children's Specialty Clinic in Fort Worth. They also help send more than 100 local kids to "the best week of the year" at MDA summer camp at no cost to their families at Camp John Marc in Meridian, Texas.

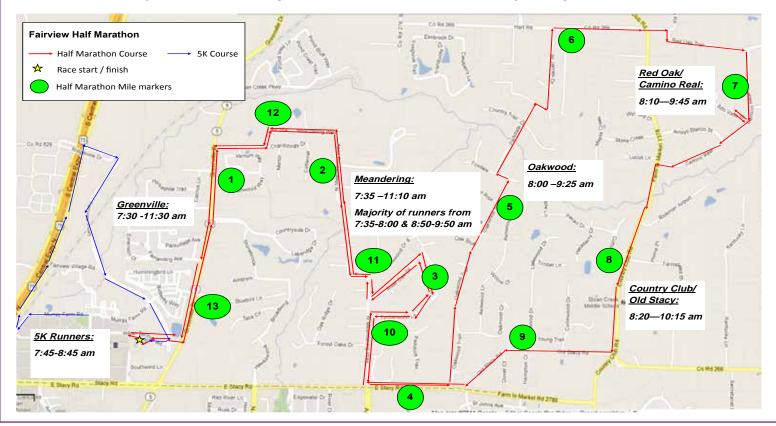
"We are extremely grateful to have the support of the Fairview Fire Rescue, as well as the entire Fairview community. Due to Fairview's generosity we will be able to empower MDA families with life-enhancing resources and support, which will open new possibilities and maximize independence so they can experience the world without any limits," said MDA Fundraising Coordinator Laurel Bush.

Be sure to look out for FFR Firefighters out at intersections and street corners throughout Town wearing fire helmets and carrying a fire boot on April 14, 21 and 28. This is a great way for the Town's firefighters not only to raise money for a worthy cause, but also to meet our citizens. FFR hopes to raise even more this year to help those fighting these diseases, so if you see them out, be sure to help *Fill the Boot!*

Fairview Half Marathon and 5K

The fifth annual Fairview Half Marathon and 5K will be held Saturday April 1, 2017, beginning at Fairview Town Hall and winding through scenic Fairview and back to Town Hall. The Fairview Half is one of two half marathons held annually in Fairview. One special feature of the Fairview races is the free child care offered by The Goddard School of Allen. This rare amenity sets Fairview apart as a place that caters to both healthy and family friendly lifestyles.

Now is your last chance to register now for the half marathon or 5K by visiting FairviewHalf.com!





As spring is here, often times, it brings severe weather conditions. Now is a good time to make sure everyone in your family is prepared for this weather. Preparations should include a safety plan for your family and emergency supplies, such as water, flashlights with fresh batteries, a working cell phone with back up batteries or a pre-charged power supply and a weather radio. More information on preparations can be found at knowhat2do.com. Under "THINK" click on "SEVERE WEATHER" to learn more about severe weather. You can also click on "PREPARE" then click on "PERSONAL SAFETY PLAN" to prepare your plan.

One of the key areas of preparation is to make sure you have the ability to receive alerts about approaching severe weather. There are a variety of processes and systems that can be used to notify you of severe weather.

Outdoor Warning Systems

These systems consist of pole-mounted speakers or sirens that are used to alert people who are outside of a building of a pending severe event. These systems are activated by the local public safety authorities based on specific criteria. The Fairview system is activated by the Allen Public Safety (APS) dispatchers, as Fairview does not have our own dispatchers or other personnel at our Town Hall on a 24-hour schedule. The Fairview and Allen systems are provided by the same manufacturer, so it is very easy for APS to activate our system as they are activating theirs. Our system can be used for a variety of warning purposes (ex: shelter in place for a hazardous material spill, assist in the search for a lost person, etc.) as it is essentially a very powerful public address system.

The Fairview system will be activated when:

- Wind speeds are greater than 70 mph
- There is a threat of large damaging hail
- During severe thunderstorm warnings where local storm spotters have witnessed lowering/ rotating clouds in the immediate area
- There is a tornado warning for the immediate area with or without local storm spotter visual confirmation of lowering/rotating clouds
- The Fairview Fire or Police Chief requests activation

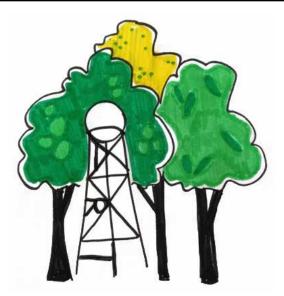
Weather Alerting Radios

These radios can be purchased from a variety of retail and online outlets for less than \$50. They are referred to as All Hazards NOAA Weather Radios. You should look for radios with the SAME (Specific Area Messaging Encoding) feature. This allows you to dial in a code for the Collin County area. By entering the code for Collin County, your radio will only sound for events affecting Collin County. Be sure to get a radio that has a back-up battery that will allow it to work in the event your power goes out. Having one of these radios is an excellent addition to your storm warning preparedness plan as they are activated by the National Weather Service in severe weather events.

Automated Notification Sources

The Town of Fairview uses Nixle alert you via your email and/or text messages to your cell phone. You can sign up using the widget on the fairviewtexas. org homepage. You may also want to sign up for a weather alert app from any number of the local TV and radio stations that cover the Dallas Fort Worth Metroplex.

As you can see, many systems can assist you in the case of severe weather. Each system has specific design purposes and can have some technical difficulties. You are encouraged to have several warning methods for your personal severe weather plan.



Fairview Art Show: April 21-23, 2017

The Fairview Public Art Committee would like to invite local residents to attend the Town of Fairview Art Show, to be held Friday, April 21 through April 23, 2017 in The Village at Fairview shopping center.

Artwork will be judged by featured juror, artist Gary Joe Uribe. Multiple cash prizes with a Grand Prize of \$500 will be awarded to the adult categories. Adult cash prizewinners will have their artwork displayed in Fairview Town Hall for a period of one year.

Cash prizes, gift cards and medals will be awarded during a reception to be held Sunday, April 23 from Noon to 4 p.m.

Artwork will be on display for viewing on Friday, April 21 from 4 to 8 p.m. and Saturday, April 22 from Noon to 4 p.m.

Learn more at fairviewtexas.org/art-show and if you have additional questions, contact Liz Cappon, Town Secretary at ecappon@fairviewtexas.org.

Creekwood UMC Spring Festival and Easter Egg Hunt

Creekwood United Methodist Church will once again host a Spring Festival and Easter Egg Hunt on Saturday, April 15 from 9 a.m. to noon. Families will have the chance to spend a morning together celebrating the arrival of spring participating in many traditional festival activities.

Four traditional Easter egg hunts will take place, the first beginning at 9:30 a.m. for preschoolers, kindergarten through first graders at 10 a.m., second through third graders at 10:30 a.m. and finally, fourth through fifth graders at 11 a.m. In addition to visits with the Easter Bunny, participants in the free family event will enjoy a petting zoo, a bounce house, balloon artists, face painting, hayrides and more.

"Easter is a time for celebration and renewal," said senior pastor, David Lessner. "We extend an invitation to everyone in the community to come out for some family fun on Saturday, and to join us in worship on Sunday."

Creekwood UMC will host three Easter services, open to everyone, on Sunday, April 16, with a traditional Easter service at 9 a.m. and two services featuring contemporary music at 10:15 and 11:30 a.m.

Creekwood UMC is located at the corner of Stacy Road and Country Club Road at 261 Country Club Road in Allen. For more information, please call 214-229-7555 or visit creekwoodumc.org.





Heard Happenings



The Decline of the Monarch Butterfly continues to inspire the Heard's Spring Plant Sale





Known for its incredible ability to migrate hundreds of miles, the Monarch butterfly, *Danaus plexippus*, has suffered from major population decline in recent years. As of 2015, the U.S. Fish & Wildlife Services estimated that the Monarch population had plummeted by 90 percent over the previous 20 years. Studies seem to indicate populations increased some in 2015, but there is still a great deal of work to be done if this species is to be preserved.

Milkweed is the only plant species that their caterpillars can eat. Monarchs cannot survive without milkweed; Monarch butterflies lay their eggs *only* on milkweed plants. They search for patches of milkweed, which can grow as far north as southern Canada. With shifting land management practices, we have lost much of the milkweed from the landscape, leaving them with a limited food supply. Scientists believe this to be one of the causes of the population decreases.

There are a number of other benefits to using native plants in landscaping. Using plants that are naturally suited to Texas' hydrologic issues is an excellent way to reduce reliance on supplemental watering. Many of the native plant species are also better suited to Texas' climate and provide food sources and habitat for many kinds of wildlife.

This year, the Spring Plant Sale at Heard Natural Science Museum & Wildlife Sanctuary will feature nearly 1,000 native milkweed plants, even more than in previous years. By purchasing and planting milkweed to help feed Monarch butterfly caterpillars, North Texans will be able to help the recovery of this species

and support the Heard, a private 501(c)(3) nonprofit organization.

For more than 20 years, veteran and novice gardeners alike have anticipated the rare opportunity to purchase plants from a huge selection of native plants, hard-to-find herbs and well-adapted plants at Heard Natural Science Museum & Wildlife Sanctuary's annual Spring Plant Sale. This year, the Heard will provide some of the best plants for North Central Texas gardens and an opportunity to obtain many rare plants.

On Saturday, April 15 at 9:30 a.m., get a personal introduction and preview of the plants featured at the sale during a Third Saturday Nature Talk. Slides will illustrate blooms and foliage for each plant and provide information about their sizes, growth habits and cultural preferences; there will even be some live plants to see. Find out which plants will work in problem areas and make a wish list. There should be plenty of time to answer questions but no plant sales will take place this day. This program is open to the public and is free with paid general admission or Heard Museum Membership.

The Heard Museum Members-Only Presale will be Friday, April 21 from 4 to 7 p.m. The Member Presale is open to Heard Museum members only; however, memberships will be available for purchase at the event or online beforehand. Due to overwhelming support last year, the plant sale sold out early making the Member Presale all the more advantageous for Heard Museum members. View the available plant list at HeardMuseum.org/PlantSale.



Your tax-free purchases will also help to raise funds for the Heard Museum, a 501(c)(3) nonprofit organization. The Sale will be open to the public Saturday, April 22 from 9 a.m. to 5 p.m. and Sunday, April 23 from 1 to 5 p.m.; guests are welcome to bring carts or wagons to facilitate their purchases.

Proceeds from these events benefit the Heard Natural Science Museum & Wildlife Sanctuary, a private 501(c)3 organization. The Heard was founded in 1967 by Bessie Heard. Miss Heard was 80 years old when she saw the need to preserve a place where future generations could experience nature. Today, the Heard's mission of bringing nature and people together is carried out through education, particularly of young people, which emphasizes an appreciation of nature and its conservation. For more information or to purchase advance tickets, visit www.heardmuseum.org.

Concussions, Alzheimer's, Autism.

By Claire Easley

On Tuesday, February 7, 2017, Willow Springs Middle School independent studies student, Claire Easley, gave a presentation to the Fairview Town Council regarding her research project on the topic of "Concussions, Alzheimer's, Autism." The article below expands further on her research.

Ever since the 2015 sports drama, "Concussion" made its way into theaters, concussion rates seem to have escalated a highly significant amount. But, have they really? It all starts with understanding what a concussion actually is; the mild traumatic brain injury (TBI) is an injury that occurs when the brain encounters the skull without any structural damage occurring.

Contrary to many beliefs, 90 percent of concussions do not result in the loss of consciousness. Due to TBIs being a chemical based injury, symptoms can take several hours to settle. Everyone's brain has certain settings. These settings control when an individual blinks, their reaction time, the way they perceive light, etc. When a TBI occurs, these settings often become imbalanced; in an attempt to return to normal, they rush back into place, whether it be the original location or not. When the chemical ends up in a new location, the symptoms begin to settle.

The most common symptoms for concussions are headaches, sensitivity to light or noise, nausea, vomiting and dizziness. Symptoms can take hours to settle, leading to most sport-related concussions being over looked with the athlete allowed to continue play, which could eventually result in Second Impact Syndrome (SIS), resulting in brain swelling at such a rapid rate that it could be fatal. The *Whiplash Effect* is also common in concussions, especially when the impact occurs to the front or back of the head.

When treated in a proper and efficient manner, full recovery could take anywhere from two weeks to three months. However, if the individual is placed into what is called *cocoon therapy*, recovery could be much faster. In cocoon therapy treatment, the patient is essentially put into a dark room for several weeks with no communication allowed. This includes telephone, music, television or any



other electronic devices. Doctors then wait to see if the patient's symptoms pass, in reality, when in this environment, being without symptoms is nearly impossible. The method even has the potential to cause depression in the patient.

The key to best treating a TBI is slowly exposing the patient to the activities he or she used to experience.

This doesn't mean throwing the individual back out onto the field and telling them to play, but instead allowing them to attend practice for a few days, then continuing to work their way up to returning to the game. Of course, a few days of complete rest is necessary, but keeping the individual away from their acquaintances and being locked in a dark room should be avoided at all costs.

Whether or not children should be able to participate in contact sports is one of the biggest arguments of our time. There is no conclusive right or wrong answer, simply opinion. Many parents believe as long as their children are playing the sport safely with proper equipment, there is no issue allowing them to be an athlete. However, some parents have heard the horrific stories of permanent brain injuries and have decided to pull their children out of contact sports permanently.

Some may argue concussion rates have risen

a considerable amount, but the reality is that the rate of recognized concussions has risen, not necessarily the actual amount of TBIs. It's the same idea as kidnapping rates. It seems as if there are many more kidnappings now than there were twenty years ago, but the reality is that there are actually fewer, but since technology has advanced so much, incidences are more often acknowledged by the statistics.

There are several methods to avoiding a TBI. First, utilize proper safety equipment when participating in athletics. Second, athletes should always be examined after suffering a blow to the head in a game, even if they insist they feel all right.

Much false information was shown in "Concussion" whether it is the chronological order, twisting events, or details regarding Chronic Traumatic Encephalopathy (CTE), the film provided the audience with an incorrect perception of several occurrences in Dr. Bennet Omalu's career. The film is cited as one of the causes of concussion rates seeming to rise.

Parents should be informed of the risk for potential brain damage that comes with athletics, but in most circumstances, they do not need to withdraw their child from sports completely. Despite media coverage stating otherwise, while concussions indeed do pose a threat, it is nothing that today's teen cannot overcome.



As we enter spring 2017 without any drought restrictions, the Town would like to take a moment to remind residents of the Town's adopted landscape water management measures, as required by the North Texas Municipal Water District (NTMWD).

These measures have previously been adopted regarding landscape irrigation:

- Lawn and landscape irrigation is limited to twice per week.
- Lawn irrigation watering is restricted from 10 a.m. to 6 p.m. from April 1 to October 31 of each year.
- Prohibition of watering of impervious surfaces.
- Prohibition of outdoor watering during precipitation or freeze events.
- Prohibition of the use of treated water to fill or refill residential, amenity and any other natural or manmade ponds. A pond is considered a still body of water with a surface area of 500 square feet or more.
- Rain and freeze sensors and/or ET or Smart controllers are required on all new irrigation systems. Rain and freeze sensors and/or ET or Smart controllers must be maintained to function properly.
- Home car washing can be done only when using a water hose with a shut-off nozzle.
- Prohibition of watering areas that have been over seeded with cool season grasses, such as rye grass or other similar grasses, except for golf courses and public athletic fields.

For the greatest impact on minimizing water usage, the Town encourages residents to evaluate irrigation usage and adjust the frequency or duration of their irrigation cycles. The NTMWD recommends the resources northtexaswateriq.org and watermyyard.org, which can help residents determine how frequently to water their yards, which may not necessarily be twice per week just because it is allowed.

Additionally, residents should be reminded to be cognizant of their irrigation and pool usage, as once they have used more than 50,000 gallons, the rate in the Town becomes \$10.18 per 1,000 gallons.

See the rate chart below for the Town's current Water Usage Rates:

Residential Rates

Water: First 2,000 gallons	\$18.62
Water: 2,001-10,000 gallons	\$4.06 per 1,000 gallons
Water: 10,001-20,000 gallons	\$5.07 per 1,000 gallons
Water: 20,001-30,000 gallons	\$6.34 per 1,000 gallons
Water: 30,001-40,000 gallons	\$6.98 per 1,000 gallons
Water: 40,001-50,000 gallons	\$7.67 per 1,000 gallons
Water: Over 50,000 gallons	\$10.18 per 1.000 gallons

Sewer: First 1,000 gallons......\$19.34

Sewer: 1,001-12,000 gallons......\$3.23 per 1,000 gallons

Service address without

Town water services\$55.69

If you would like to read your meter to monitor your water usage, simply open the water meter "can" and write down all the numbers in the white boxes. Most water meters have four white boxes with black numbers followed by two black boxes with white numbers, followed by a white zero surrounded in blue. These are displayed on the picture shown below. Reading from right to left – the first black box with a white number represents tens of gallons. A "7" in that box would represent 70 gallons. The second black box (reading from right to left) represents hundreds of gallons. A "3" in the second box would represent 300 gallons. The first white box with black numbers would represent thousands of gallons.

To determine your usage, take a reading today by writing down all the numbers displayed. Read the meter again at about the same time the next day. By subtracting the second day's reading, you can tell how many gallons you used. Remember to add a zero at the end of your calculation since the Town does not measure units lower than 10 gallons. When residents are billed, the Town rounds billing to the nearest 1,000 gallons.

The Town suggests performing this reading before and after an irrigation cycle, so that residents can see how much water their individual irrigation system uses and plan their watering for the entire month accordingly.

The Town frequently receives reports of missing utility bills in the mail. All Fairview mail, including utility bills, is processed by the McKinney USPS Office, located at 550 North Central Expressway in McKinney. If you are having any issue receiving any of your mail, including utility bills, you may contact the McKinney USPS Office at 972-542-2931.

If you would just like to be proactive in paying your bill before your due date, you can always call the Town's Utility Billing Department to inquire regarding your bill amount. If you do not receive your utility bill, please contact the Town immediately to make payment arrangements.

By being cognizant of when your utility bill is due, you can prevent your account being charged any late fees, or the possibility of disconnection for non-payment. Should you need to contact the Town concerning your utility bill, you can contact the Utility Billing Department at 972-886-4242 or utilitybilling@fairviewtexas.org.



Fairview

Bulk - Trash - Recycle Calendar 2017



RepublicServices.com 972-422-2341

FairviewTexas.org 972-562-0522

Trash/recycle items must be placed outside by 7 a.m. on your designated day. Bulk items may be placed outside no earlier than 5 p.m. the Friday before your designated Monday and must be out by 7 a.m. on Monday. Republic Services will pick up bulk items between Monday and Friday on your designated week. See the color coded chart for more details. If your regular trash/recycle pick-up day or bulk Monday falls on a holiday, service will resume the following business day. Bulk/brush is limited to 12 cubic yards or four truck loads.







Fairview

Bulk - Trash - Recycle Calendar 2017



FairviewTexas.org 972-562-0522

RepublicServices.com 972-422-2341

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We Hope You Are Enjoying

The Fairview Town News

A monthly publication delivered to residents.



Check us out for all the current news about your community, schools, businesses and events happening around town.



